



**FALLSTON RECREATION COUNCIL**  
**10 WEEK 2015 SPRING YOGA SESSION**

taught by

**Tom Trafton RYT-200 & Kripalu-200 Yoga Teacher**

**Tuesdays 5 & 6:30**

**March 31<sup>st</sup> to June 9<sup>th</sup>**

**Wednesdays 5 & 6:30**

**April 1<sup>st</sup> to June 10<sup>th</sup>**

**Thursdays 5:30**

**April 2<sup>nd</sup> to June 11<sup>th</sup>**

**Register for one class per week for \$85/person.**

Register and pay on-line or register on-line and bring a check to the first class.

<https://fallstonrec.sportssignup.com>

For more information contact:

Debbie ([dbrown5819@verizon.net](mailto:dbrown5819@verizon.net))

or Tom ([yogitom@ymail.com](mailto:yogitom@ymail.com))

